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Motivational Interviewing in the Treatment of Psychological Problems (Hardback)

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Guilford Publications, United States, 2015. Hardback. Book Condition: New. 2nd Revised edition. 231 x 157 mm. Language: English . Brand New Book. This authoritative guide has given tens of thousands of clinicians proven tools for helping clients resolve ambivalence and mobilize their energy, commitment, and personal resources for change. Leading experts describe ways to combine motivational interviewing (MI) with other treatments for a wide range of psychological problems, including depression, anxiety disorders, eating disorders, posttraumatic stress disorder, and others. Chapters illustrate the nuts and bolts of intervention, using vivid clinical examples, and review the empirical evidence base. Contributors show how to tailor MI to each population s needs, whether used as a pretreatment or throughout the course of therapy. New to This Edition *Many new authors. *Extensively revised with the latest theory, practices, and research. *Chapters on domestic violence, addictions, and smoking cessation with adolescents. *Chapter on transdiagnostic treatment.



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