



Soup and Bread Cookbook: Building Community One Pot at a Time (Paperback)

By Martha Bayne

Agate Publishing, United States, 2011. Paperback. Book Condition: New. 193 x 152 mm. Language: English . Brand New Book. The Soup and Bread Cookbook aims to explore the social role of soup through a collection of terrific, affordable recipes from food activists, chefs, and others. This quirky exploration of the cultural history of soup as a tool for both building community and fostering social justice is the result of a brainstorm: eating your way through a pot of soup day after day can get boring -- why not get together and swap some with friends? Now neighbors across the country are getting together regularly for home-based soup swaps. In Chicago, the arts collective InCUBATE uses soup as a microfunding tool. And of course, soup can be a political statement: the radical volunteers of Food Not Bombs have been providing free vegetarian soup to the hungry as a protest against war and social injustice since 1980. These are just a few examples of the stories Bayne wraps around a collection of delicious, accessible, and tested soup recipes.



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