



Foundation and Form in Jungian Sandplay

By Lenore F. Steinhardt

Jessica Kingsley Publishers. Paperback. Book Condition: new. BRAND NEW, Foundation and Form in Jungian Sandplay, Lenore F. Steinhardt, 'This book outlines the history of art therapy originating as an adjunct therapy in psychiatry, education and corrections, and the history of sandplay therapy as a development in the Jungian tradition of psychoanalysis. The writer makes clear connections between art therapy and sandplay and clear links with Jungian theory. The style is clear and accessible, and gives a good introduction to sandplay for those wanting one. The chosen case studies illustrate the points she is making well, and provide a clear view of her approach. The book is of immediate interest to art therapists wishing to work with sandplay. It would also be of interest and relevance to dramatherapists who see the dramatic potential in sandplay work and need some guidance to make a start with this.' - Dramatherapy Lenore Steinhardt presents sandplay therapy in an art therapy setting. She begins by outlining the principles and practicalities of sandplay therapy and explaining the importance of the specifically blue tray and other materials used. She provides a history of art therapy and sandplay therapy, and the previous literature and thinking in these fields....



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