



## Bully Proofing You: Improving Confidence and Personal Value from the Inside Out (Paperback)

By Jeanie Cisco-Meth

LNJ Enterprises, LLC, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Between stimulus and response, there is a space. In that space is our power to choose our response. In our response lies our growth and our freedom. Viktor E. Frankl This book is for you. It is to help as many people as possible live rewarding lives. Everyone can overcome obstacles and become the person they want to be. Middle school and high school are difficult times. They are formative years that set you up for a life of learning and success or oblivion and mediocrity. This time is when you learn to keep moving forward toward your goals, or let others take your dreams away. Bully Proofing You will teach you how you can thrive, not just survive during your life. When I was young, I was different. People stuck labels on me when I entered school. I had so many learning disabilities and physical differences that I stood out. I had dyslexia, I couldn't speak well, I was legally blind, I was six feet tall by the eighth grade, I was a...



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